

# Changes to specifications of the novel food galacto-oligosaccharide

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Regulation (EU) [2024/1027](#) as regards the specifications of the novel food galacto-oligosaccharide

## What is changing and why?

The EU has removed the requirement for a minimum level of galactose in galacto-oligosaccharide. Previously this novel food ingredient had to contain at least 0.8% galactose (a type of sugar). Now this minimum requirement has been removed and galacto-oligosaccharide no longer needs to contain a specific amount of galactose to be approved for use in foods. The EU noted that galactose has a history of safe use in normal diets and does not raise safety concerns.

## Timeline

The Regulation will enter into force on **28 April 2024**.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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