Food additives: EU bans stearyl tartrate

Published by AGRINFO on 27 Jun 2023; Revised 03 Oct 2023

Commission Regulation (EU) 2023/2379 as regards the food additive stearyl tartrate (E 483)

What is changing and why?

The European Food Safety Authority (EFSA) evaluated the safety of stearyl tartrate (E 483) and could not confirm its safety as a food additive due to inadequate toxicological data. Therefore E 483 is no longer allowed as an emulsifier in items like fermented milk products, bread, bakery goods, and desserts. It will be removed from the Annex to Regulation (EU) No 231/2012, which provides specifications for food additives.

Actions

Suppliers to the EU market of flavoured fermented milk products, bread and rolls, fine bakery wares, and desserts need to check for possible use of E 483 in these products, and replace this substance with alternative emulsifiers.

Timeline

Foods containing E 483 may not be put on the EU market after **23 April 2024**. Foods containing E 483 that are put on the market *before* 23 April 2024 may continue to be marketed until their date of minimum durability or use-by date.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

Disclaimer: *Under no circumstances shall COLEAD be liable for any loss, damage, liability or expense incurred or suffered that is claimed to have resulted from the use of information available on this website or any link to external sites. The use of the website is at the user's sole risk and responsibility. This information platform was created and maintained with the financial support of the European Union. Its contents do not, however, reflect the views of the European Union.*

Copyright © **COLEAD 2026,** *AGRINFO is funded by the European Union and implemented by COLEAD.*