

Food additives: EU bans stearyl tartrate

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Regulation

Commission Regulation (EU) [2023/2379](#) as regards the food additive stearyl tartrate (E 483)

What is changing and why?

The European Food Safety Authority (EFSA) evaluated the safety of stearyl tartrate (E 483) and could not confirm its safety as a food additive due to inadequate toxicological data. Therefore E 483 is no longer allowed as an emulsifier in items like fermented milk products, bread, bakery goods, and desserts. It will be removed from the Annex to Regulation (EU) No 231/2012, which provides specifications for food additives.

Actions

Suppliers to the EU market of flavoured fermented milk products, bread and rolls, fine bakery wares, and desserts need to check for possible use of E 483 in these products, and replace this substance with alternative emulsifiers.

Timeline

Foods containing E 483 may not be put on the EU market after **23 April 2024**. Foods containing E 483 that are put on the market *before* 23 April 2024 may continue to be marketed until their date of minimum durability or use-by date.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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