

# Food supplements: calcidiol monohydrate

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Regulation (EU) [2025/352](#) as regards calcidiol monohydrate used in the manufacture of food supplements

## What is changing and why?

Following the authorisation in 2024 of calcidiol monohydrate as a novel food ingredient, the EU has now authorised this substance as a source of vitamin D that may be used in food supplements.

## Timeline

Applies from **16 March 2025**.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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