Iron milk caseinate authorised as a novel food in certain foods and supplements

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Commission Delegated Regulation (EU) 2024/2791 to allow the use of iron milk caseinate as a source of iron in total diet replacement for weight control and in food for special medical purposes, excluding food for infants and young children

Commission Regulation (EU) 2024/1821 as regards iron milk caseinate added to foods and used in the manufacture of food supplements

What is changing and why?

The European Commission has included iron milk caseinate in the list of sources of iron that can be added to foods for medical purposes and for weight control. Iron milk caseinate may not be used in foods intended for infants and young children.

This follows its authorisation as a novel food in May 2023, and its approval in June 2024 to be added to foods and used in food supplements. Under the laws on adding vitamins/ minerals to food and food supplements, and to foods for particular nutritional uses, only those vitamins and minerals that are listed in the relevant Annexes to Regulation 609/2013, and the specific sources listed, may be used in these products.

Timeline

Iron milk caseinate may be used in total diet replacement for weight control and in food for special medical purposes, excluding food for infants and young children, from **20 November 2024**.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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