

# Lipid and magnesium requirements for total diet replacement

Published by AGRINFO on 30 Nov 2022; Revised 18 Jul 2024

Regulation (EU) [2022/2182](#) amending Regulation (EU) 2017/1798 on lipid and magnesium requirements for total diet replacement for weight control

## What is changing and why?

The European Commission has removed and lowered the requirements for linoleic acid and alpha-linolenic acid, and has increased the permitted magnesium content, in total diet replacement for weight control products. This is because the Commission received a stakeholder request, accompanied by new scientific evidence, to review these requirements.

## Timeline

Date of adoption: **30 August 2022**

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

## Tables & Figures

<b>Table 1</b> <b>Lipid and magnesium requirements for total diet replacement</b>		
Substance	Amount in total daily ration of diet replacement for weight control products	
	Current requirement	Proposed new requirement
Linoleic acid	Not less than 11 g	Requirement deleted
Alpha-linolenic acid	Not less than 1.4 g	Not less than 0.8 g
Magnesium	Not more than 250 mg	Not more than 350 mg

Source: based on Regulation (EU) 2022/2182



  
[www.agrinfo.eu](http://www.agrinfo.eu)

**Disclaimer:** Under no circumstances shall COLEAD be liable for any loss, damage, liability or expense incurred or suffered that is claimed to have resulted from the use of information available on this website or any link to external sites. The use of the website is at the user's sole risk and responsibility. This information platform was created and maintained with the financial support of the European Union. Its contents do not, however, reflect the views of the European Union.