Lipid and magnesium requirements for total diet replacement

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Regulation (EU) 2022/2182 amending Regulation (EU) 2017/1798 on lipid and magnesium requirements for total diet replacement for weight control

What is changing and why?

The European Commission has removed and lowered the requirements for linoleic acid and alpha-linolenic acid, and has increased the permitted magnesium content, in total diet replacement for weight control products. This is because the Commission received a stakeholder request, accompanied by new scientific evidence, to review these requirements.

Timeline

Date of adoption: **30 August 2022**

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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Tables & Figures

Table 1
Lipid and magnesium requirements for total diet replacement

Substance	Amount in total daily ration of diet replacement for weight control products	
	Current requirement	Proposed new requirement
Linoleic acid	Not less than 11 g	Requirement deleted
Alpha-linolenic acid	Not less than 1.4 g	Not less than 0.8 g
Magnesium	Not more than 250 mg	Not more than 350 mg

Source: based on Regulation (EU) 2022/2182



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