

Magnesium L-threonate in food supplements

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Draft Commission Regulation as regards magnesium L-threonate as a source of magnesium used in the manufacture of food supplements

Draft Annex

What is changing and why?

Following the authorisation of magnesium L-threonate as a novel food in 2024, the European Union (EU) proposes to authorise this substance as a source of magnesium that may be used in food supplements.

Actions

Countries that are members of the World Trade Organization can submit comments on this proposal, via their National TBT notification authority, to the EU TBT Enquiry Point until **6 June 2025**.

Timeline

The Regulation is expected to apply from late 2025/early 2026.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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