

# Magnesium L-threonate in food supplements

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[Draft](#) Commission Regulation as regards magnesium L-threonate as a source of magnesium used in the manufacture of food supplements

[Draft](#) Annex

## What is changing and why?

Following the authorisation of magnesium L-threonate as a novel food in 2024, the European Union (EU) proposes to authorise this substance as a source of magnesium that may be used in food supplements.

## Actions

Countries that are members of the World Trade Organization can submit comments on this proposal, via their [National TBT notification authority](#), to the [EU TBT Enquiry Point](#) until **6 June 2025**.

## Timeline

The Regulation is expected to apply from late 2025/early 2026.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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