


Monacolin K from red yeast rice

Published by AGRINFO on 29 Nov 2022

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

Tables & Figures

Table 1 Monacolin K from red yeast rice		
Restricted substance	Conditions of use	Additional requirements
Monacolins from red yeast rice	Individual portion of the product for daily consumption shall provide less than 3 mg of monacolins from red yeast rice	<p>The label shall provide the number of individual portions of the product for maximum daily consumption and a warning not to consume a daily amount of 3 mg of monacolins from red yeast rice or more.</p> <p>The label shall indicate the content of monacolins per portion of the product.</p> <p>The label shall include the following warnings:</p> <ul style="list-style-type: none"> • “Should not be consumed by pregnant or lactating women, children below 18 years old and adults above 70 years old.” • “Seek advice from a doctor on consumption of this product if you experience any health problems.” • “Should not be consumed if you are taking cholesterol-lowering medication.” • “Should not be consumed if you are already consuming other products containing red yeast rice.”
<p>Source: Regulation (EU) 2022/860</p> <div style="text-align: center;">  <p>www.agrinfo.eu</p> </div>		

Disclaimer: Under no circumstances shall COLEAD be liable for any loss, damage, liability or expense incurred or suffered that is claimed to have resulted from the use of information available on this website or any link to external sites. The use of the website is at the user’s sole

risk and responsibility. This information platform was created and maintained with the financial support of the European Union. Its contents do not, however, reflect the views of the European Union.