

# New restrictions on the use of certain flavouring substances

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Regulation (EU) [2024/238](#) as regards the introduction of restrictions on the use of certain flavouring substances

## What is changing and why?

As the European Food Safety Authority (EFSA) needs to carry out more studies on the safety of the food flavourings 2-phenylcrotonaldehyde, 5-methyl-2-phenylhex-2-enal, and 4-methyl-2-phenylpent-2-enal, the European Commission has limited the quantities of these substances that may be used in foods.

## Actions

Exporters of foods containing the flavourings 2-phenylcrotonaldehyde, 5-methyl-2-phenylhex-2-enal, and 4-methyl-2-phenylpent-2-enal should make sure the amounts used are not greater than those currently authorised in food manufacturing.

## Timeline

The new restrictions apply from **5 February 2024**.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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