Novel food: Cyperus esculentus (tiger nut) oil

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Commission Implementing Regulation (EU) 2025/1528 authorising the placing on the market of Cyperus esculentus (tiger nut) oil as a novel food

What is changing and why?

The European Union (EU) has authorised *Cyperus esculentus* (tiger nut) oil to be marketed in the EU as a novel food to be used as an oil for cooking or as a seasoning, and as an ingredient in several food categories for the general population. The maximum levels for use of tiger nut oil as an ingredient (ranging from 30 to 60 ml per 100 g), and labelling requirements, are set out in the Annex to this Regulation. The European Food Safety Authority has concluded that the novel food is a safe for the general population under the proposed conditions of use.

Timeline

Cyperus esculentus (tiger nut) oil can be marketed in the EU as a novel food from **19 August 2025**.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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