

Novel food: inulin-propionate ester

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EU authorises inulin-propionate ester as a novel food

Commission Implementing Regulation (EU) [2026/1219](#) of 9 June 2026 authorising the placing on the market of inulin-propionate ester as a novel food and amending Implementing Regulation (EU) 2017/2470

Update

The European Union (EU) has authorised the use of inulin-propionate ester as a novel food in cereal bars and fruit smoothies, under specified conditions of use.

Impacted products

Cereal bars, fruit smoothies

What is changing?

The EU has authorised the use of inulin-propionate ester as a novel food in cereal bars and fruit smoothies.

Only the company that applied for authorisation, Imperial College Hammersmith Campus, is authorised to put products containing inulin-propionate ester on the EU market over the next 5 years unless it gives permission or another applicant obtains a separate authorisation based on independent data.

Maximum authorised levels of inulin-propionate ester are 17 g per 100 g in cereal bars, and 3 g per 100 ml in fruit smoothies. The ingredient must be labelled on foods as “inulin-propionate ester”.

The Regulation also sets compositional, chemical, and microbiological specifications, including limits for:

- free propionic acid
- esterified propionate
- heavy metals such as arsenic, cadmium, lead, and mercury

- microbiological contaminants such as *Listeria* spp., *Escherichia coli*, and *Enterobacteriaceae*.

Why?

The applicant Imperial College Hammersmith Campus requested permission to use inulin-propionate ester in cereal bars and fruit smoothies. The European Food Safety Authority has concluded that inulin-propionate ester is safe under the proposed conditions of use ([EFSA 2025](#)).

Timeline

This novel food may be placed on the EU market from **30 June 2026**.

Background

This Regulation updates the Annex to Regulation [2017/2470](#) which lists authorised novel foods (see the [Union list of novel foods](#)). For further information on the EU novel foods authorisation process, see [Novel foods explained](#).

Resources

EFSA (2025) [Safety of inulin-propionate ester as a novel food pursuant to Regulation \(EU\) 2015/2283](#). EFSA Journal, 23(7): e9534.

Sources

Commission Implementing Regulation (EU) [2026/1219](#) authorising the placing on the market of inulin-propionate ester as a novel food

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