Novel food: pea and rice protein

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European Commission authorises pea and rice protein fermented by Shiitake mushroom as a novel food

Commission Implementing Regulation (EU) 2023/6 of 3 January 2023 authorising the placing on the market of pea and rice protein fermented by Lentinula edodes (Shiitake mushroom) mycelia as a novel food and amending Implementing Regulation (EU) 2017/2470

Update

The European Commission has authorised pea and rice protein fermented by *Lentinula edodes* (Shiitake mushroom) mycelia as a novel food.

Impacted products

bread, rolls, pizza, breakfast cereals, cereal bars, fruit- and vegetable-based drinks, ready-to-mix beverage powders, cocoa and chocolate confectionery, dairy analogues, fermented milk-based products, pasta-based products, meat products, soups, soup concentrates/powders, salads, meat analogues

What is changing?

The EU has authorised that pea and rice protein fermented by *Lentinula edodes* may be placed on the EU market as a novel food. The food can be used in bakery wares, breads, rolls, croutons, pizza, breakfast cereals and cereal bars, fruit- and vegetable-based drinks, ready-to-mix beverage powders, cocoa and chocolate confectionary, dairy analogues and non-dairy meal replacements for weight control, fermented milk-based products, pasta-based products, meat preparations and meat products, soups (ready-to-eat) and soup concentrates or powders, salads and meat analogues. Details on the permitted use are set out in the Annex to the Regulation.

Only the company that applied for the authorisation, MycoTechnology, Inc., is authorised to place the novel food on the EU market for a period of 5 years, unless another company obtains a novel food authorisation for pea and rice protein fermented by *Lentinula edodes* (without reference to scientific data protected by MycoTechnology) or with the agreement of MycoTechnology.

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Timeline

The 5-year period of exclusive rights of MycoTechnology to put this novel food on the market begins on 24 January 2023.

Background

This Regulation updates the Annex to Implementing Regulation (EU) 2017/2470 which lists authorised novel foods (see the Union list of novel foods).

Resources

European Commission: Union list of novel foods

Sources

Commission Implementing Regulation (EU) 2023/6

Commission Implementing Regulation (EU) 2017/2470 (Union list of novel foods)

Regulation (EU) 2015/2283 on novel foods

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