Novel food: phytosterols/phytostanols

Published by AGRINFO on 06 Aug 2025

Regulation 2025/1509 as regards the specifications of the novel food phytosterols/phytostanols

What is changing and why?

In 2018, the European Union (EU) authorised as a novel food phytosterols/phytostanols made from plants, including sunflower, with the maximum level of other sterols/stanols set below 3.0%. The EU has now approved a request by an Argentinian company – Advanced Organic Materials SA – to update the specifications for this novel food. These changes allow the use of phytosterols/phytostanols with a content of "other sterols/stanols" of between 3.0% and 7.0%.

Only the company Advanced Organic Materials SA is authorised to sell phytosterols/phytostanols with a higher content of sterols/stanols on the EU market over the next 5 years, unless the company permits it, or if another company obtains a novel food authorisation for this product without reference to scientific data protected by Advanced Organic Materials SA.

This change does not affect the European Food Safety Authority's assessment of the safety of this novel food.

Timeline

The revised specifications apply from **17 August 2025**.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

Disclaimer: *Under no circumstances shall COLEAD be liable for any loss, damage, liability or expense incurred or suffered that is claimed to have resulted from the use of information available on this website or any link to external sites. The use of the website is at the user's sole risk and responsibility. This information platform was created and maintained with the financial support of the European Union. Its contents do not, however, reflect the views of the European Union.*

Copyright © **COLEAD 2026,** *AGRINFO is funded by the European Union and implemented by COLEAD.*