

Novel food: *Rhizomucor pusillus* mycelium

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Regulation (EU) [2026/1507](#) authorising the placing on the market of *Rhizomucor pusillus* mycelium as a novel food

What is changing and why?

The European Union (EU) has authorised the use of *Rhizomucor pusillus* mycelium as a novel food for adults when used as a whole food, as an ingredient in food products, and in food supplements. Maximum authorised levels apply – see Table 1.

The ingredient must be labelled as “*Rhizomucor pusillus* mycelium” with the indication that it “should not be consumed by persons under 18 years of age, pregnant and lactating women”.

Only the company that applied for authorisation, The Protein Brewery B.V., is authorised to put products containing *Rhizomucor pusillus* mycelium on the EU market over the next 5 years unless it gives permission, or another applicant obtains a separate authorisation based on independent data.

Timeline

This novel food may be placed on the EU market from **26 July 2026**.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

Tables & Figures

Table 1 Maximum levels for the use of <i>Rhizomucor pusillus</i> mycelium powder	
Food category	Maximum levels (g per 100 g)
Breakfast cereals; cereal-, fruit-, or vegetable-based snacks	30
Biscuits	10
Cereal bars	35
Dairy products (except drinks)	20
Non-alcoholic beverages	10
Flatbreads and steamed breads	20
Chocolate confectionery	15
Cocoa-based spreads	20
Meal replacements for weight control (as drinks)	Maximum two meals per day up to a maximum of 40 g per day
Food supplements	6 g per day
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Source: Regulation [2026/1507](#), Annex

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