

# Novel food: vitamin D<sub>2</sub> mushroom powder

*Published by AGRINFO on 11 Jan 2023*

European Commission authorises D<sub>2</sub> mushroom as a novel food

Commission Implementing Regulation (EU) [2023/4](#) of 3 January 2023 authorising the placing on the market of vitamin D<sub>2</sub> mushroom powder as a novel food and amending Implementing Regulation (EU) 2017/2470

## Update

The European Commission has authorised vitamin D<sub>2</sub> mushroom powder as a novel food.

## Impacted products

milk analogues, dairy analogues, breakfast cereals, cereal bars, soups, fruit/vegetable juices, nectars and concentrates, energy drinks, foods for special medical purposes, food supplements

## What is changing?

The EU has authorised that D<sub>2</sub> mushroom powder may be placed on the EU market as a novel food. It may be used in a range of foods including milk analogues, dairy analogues other than milks, breakfast cereals and cereal bars, soups, fruit/vegetable juices, nectars and concentrates, energy drinks, foods for special medical purposes for infants and young children, foods for special medical purposes, food supplements. Details on the permitted use are set out in the Annex to the Regulation.

Only the company that applied for the authorisation, Monterey Mushrooms Inc, is authorised to place the novel food on the EU market for a period of 5 years, unless another company obtains a novel food authorisation for D<sub>2</sub> mushroom powder (without reference to scientific data protected by Monterey Mushrooms) or with the agreement of Monterey Mushrooms.

## Timeline

The 5-year period of exclusive rights of Monterey Mushrooms to put this novel food on the market begins on 24 January 2023.

## Background

This Regulation updates the Annex to Implementing Regulation (EU) [2017/2470](#) which lists authorised novel foods (see the [Union list of novel foods](#)).

## Resources

European Commission: [Union list of novel foods](#)

## Sources

Commission Implementing Regulation (EU) [2023/4](#)

Commission Implementing Regulation (EU) [2017/2470](#) (Union list of novel foods)

Regulation (EU) [2015/2283](#) on novel foods

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