

Proposed refusal of a health claim for citicoline

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[Draft](#) Commission Regulation refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children's development and health

[Annex](#)

What is changing and why?

The European Commission intends to reject a health claim related to citicoline in support of memory function in healthy middle-aged or elderly adults with age-associated subjective memory impairment. The European Food Safety Authority concluded that a relationship between the consumption of the substance and its effect on age-associated subjective memory cannot be established.

Actions

Competent authorities of non-EU countries that are members of the World Trade Organization may comment on the EU proposal by emailing the [EU TBT Enquiry Point](#) until **4 May 2025** ([G/TBT/N/EU/1112](#)).

Timeline

The Regulation is expected to be adopted in approximately the third quarter of 2025.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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