Rejection of a health claim for citicoline

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Commission Regulation 2025/2223 refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children's development and health

What is changing and why?

The European Union (EU) has refused the health claim submitted by Edge Pharma Sp. z o.o. that the consumption of citicoline (CDP-Choline) inner salt supports memory function in healthy middle-aged and elderly people. The European Food Safety Authority has concluded that no relationship can be established between consumption of this substance and its effect on age-associated subjective memory.

Timeline

This Regulation applies from **25 November 2025**.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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