

Proposed refusal of a health claim for citicoline

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Draft Commission Regulation refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children's development and health

Annex

What is changing and why?

The European Commission intends to reject a health claim related to citicoline in support of memory function in healthy middle-aged or elderly adults with age-associated subjective memory impairment. The European Food Safety Authority concluded that a relationship between the consumption of the substance and its effect on age-associated subjective memory cannot be established.

Actions

The World Trade Organization consultation closed on 4 May 2025 ([G/TBT/N/EU/1112](#)).

Timeline

The Regulation is expected to be adopted in approximately the third quarter of 2025.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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