

Rejection of a health claim for Appethyl

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EU to reject Appethyl health claim – WTO TBT consultation

[Draft](#) Commission Regulation refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children’s development and health

[Draft Annex](#)

Update

The European Commission has informed the World Trade Organization Technical Barriers to Trade (WTO TBT) Committee that it will reject a health claim for Appethyl® related to reduction of body weight ([G/TBT/N/EU/1064](#)).

What is changing?

The European Commission proposes to reject an application for a health claim submitted by Greenleaf Medical AB that “Appethyl® helps your body weight reduction during mild caloric restriction”.

Why?

The European Food Safety Authority (EFSA) evaluated the proposed claim and found that no cause-and-effect relationship had been established between the consumption of Appethyl (an aqueous extract from spinach leaves) and a reduction of body weight under the conditions of use proposed by the applicant ([EFSA 2023](#)). Therefore the health claim does not comply with the requirements of Regulation [1924/2006](#).

Recommended Actions

Comments on the proposal can be submitted via the [National TBT notification authority](#) of the country concerned to the [EU TBT Enquiry Point](#) until **23 July 2024**.

Resources

EFSA (2023) [Appethyl® and reduction of body weight: evaluation of a health claim](#). EFSA Journal, 21(10): 8239.

Regulation (EC) No [1924/2006](#) on nutrition and health claims made on foods

Sources

[Draft](#) Commission Regulation refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children's development and health

[Annex](#)

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