

Rejection of a health claim for Appethyl

Published by AGRINFO on 05 Jun 2024

EU to reject Appethyl health claim – WTO TBT consultation

Draft Commission Regulation refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children's development and health

Draft Annex

Update

The European Commission has informed the World Trade Organization Technical Barriers to Trade (WTO TBT) Committee that it will reject a health claim for Appethyl® related to reduction of body weight ([G/TBT/N/EU/1064](#)).

What is changing?

The European Commission proposes to reject an application for a health claim submitted by Greenleaf Medical AB that “Appethyl® helps your body weight reduction during mild caloric restriction”.

Why?

The European Food Safety Authority (EFSA) evaluated the proposed claim and found that no cause-and-effect relationship had been established between the consumption of Appethyl (an aqueous extract from spinach leaves) and a reduction of body weight under the conditions of use proposed by the applicant ([EFSA 2023](#)). Therefore the health claim does not comply with the requirements of Regulation [1924/2006](#).

Recommended Actions

Comments on the proposal can be submitted via the [National TBT notification authority](#) of the country concerned to the [EU TBT Enquiry Point](#) until **23 July 2024**.

Resources

EFSA (2023) [Appethyl® and reduction of body weight: evaluation of a health claim](#). EFSA Journal, 21(10): 8239.

Regulation (EC) No [1924/2006](#) on nutrition and health claims made on foods

Sources

[Draft](#) Commission Regulation refusing to authorise a health claim made on foods, other than those referring to the reduction of disease risk and to children's development and health

[Annex](#)

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