

# Rejection of a health claim for monacolin K in red yeast rice

*Published by AGRINFO on 15 Nov 2023; Revised 30 Jul 2024*

Regulation [2024/2041](#) as regards the health claim on monacolin K from red yeast rice

## What is changing and why?

The European Commission has revoked the health claim on monacolin K from red yeast rice because, due to a lack of data, the possibility of its harmful effects on health cannot be ruled out. Monacolins from red yeast rice may only be used in food supplements. The European Food Safety Authority has not been able to determine the extent to which these food supplements are consumed.

## Actions

Interested parties are invited to submit data to EFSA demonstrating the safety of monacolins from red yeast rice.

## Timeline

Applies from **19 August 2024**.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

**Disclaimer:** *Under no circumstances shall COLEAD be liable for any loss, damage, liability or expense incurred or suffered that is claimed to have resulted from the use of information available on this website or any link to external sites. The use of the website is at the user's sole risk and responsibility. This information platform was created and maintained with the financial support of the European Union. Its contents do not, however, reflect the views of the European Union.*