Rejection of a health claim for monacolin K in red yeast rice

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Regulation 2024/2041 as regards the health claim on monacolin K from red yeast rice

What is changing and why?

The European Commission has revoked the health claim on monacolin K from red yeast rice because, due to a lack of data, the possibility of its harmful effects on health cannot be ruled out. Monacolins from red yeast rice may only be used in food supplements. The European Food Safety Authority has not been able to determine the extent to which these food supplements are consumed.

Actions

Interested parties are invited to submit data to EFSA demonstrating the safety of monacolins from red yeast rice.

Timeline

Applies from **19 August 2024**.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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