

Rejection of health claim on ham and LDL-cholesterol

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Draft Commission Regulation refusing to authorise a health claim made on foods and referring to the reduction of disease risk

Annex

What is changing and why?

The European Commission intends to reject a health claim that Joselito® ham has an effect on the reduction of LDL-cholesterol concentration or blood pressure. The European Food Safety Authority has concluded that a relationship cannot be established between the consumption of this ham and the effects claimed.

Actions

The World Trade Organization consultation on this proposal closed on 12 May 2025 ([G/TBT/N/EU/1114](#)).

Timeline

The Regulation is expected to be adopted in approximately the fourth quarter of 2025.

For more information see the [full record](#) on the AGRINFO website – where you can also view the latest [AGRINFO Update](#) newsletters and [search](#) the database.

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