Traditional food: roasted baru (Dipteryx alata) nuts

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Regulation 2025/1263 authorising the placing on the market of roasted seeds of *Dipteryx alata* Vogel (baru) as a traditional food from a third country

What is changing and why?

The European Commission has authorised the sale of roasted baru (*Dipteryx alata*) nuts, a traditional food from Brazil, on the European Union market. This follows a review of its safety by the European Food Safety Authority (EFSA).

Products containing this traditional food must be labelled “roasted nuts of *Dipteryx alata*” or “roasted baru (*Dipteryx alata*) nuts”.

Timeline

Roasted baru (*Dipteryx alata*) nuts and products may be sold on the EU market from **21 July 2025**.

For more information see the full record on the AGRINFO website – where you can also view the latest AGRINFO Update newsletters and search the database.

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